



DELHI PUBLIC SCHOOL (JOKA), SOUTH KOLKATA

SYLLABUS FOR THE SESSION-2023-2024

PSYCHOLOGY CLASS-XI

1ST WEEKLY TEST

CHAPTER 1: What is Psychology?

- Introduction
- What is psychology?
 - Psychology as a Discipline
 - Psychology as a Natural Science
 - Psychology as a Social Science
- Understanding Mind and Behavior
- Evolution of Psychology
- Branches of Psychology
- Psychology and Other Disciplines
- Psychology in Everyday Life

CHAPTER 2: Methods of Enquiry in Psychology

- Introduction
- Goals of Psychological Enquiry
 - Steps in Conducting Scientific Research
- Nature of Psychological Data
- Some Important Methods in Psychology
 - Observational Method
 - Experimental Method
 - Correlational Research
 - Survey Research
 - Psychological Testing
 - Case Study
- Analysis of Data

- Quantitative Method
 - Qualitative Method
 - Limitations of Psychological Enquiry
 - Ethical Issues
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MID TERM

CHAPTER 1:What is Psychology?

CHAPTER 2: Methods of Enquiry in Psychology

CHAPTER 4: Human Development

- Introduction
- Meaning of Development
 - Life-Span Perspective on Development
- Factors Influencing Development
- Context of Development
- Overview of Developmental Stages
 - Prenatal Stage
 - Infancy
 - Childhood
 - Challenges of Adolescence
 - Adulthood and Old Age

CHAPTER 5: Sensory, Attentional and Perceptual Processes

- Introduction
- Knowing the world
- Nature and varieties of Stimulus
- Sense Modalities
 - Functional limitations of sense organs
- Attentional Processes
 - Selective Attention
 - Sustained Attention
- Perceptual Processes
 - Processing Approaches in Perception
- The Perceiver
- Principles of Perceptual Organization

- Perception of Space, Depth and Distance
 - Monocular Cues and Binocular Cues
- Perceptual Constancies
- Illusions
- Socio-Cultural Influences on Perception

CHAPTER 6: Learning

- Introduction
- Nature of Learning
- Paradigms of Learning
- Classical Conditioning
 - Determinants of Classical Conditioning
- Operant/Instrumental Conditioning
 - Determinants of Operant Conditioning
 - Key Learning Processes
- Observational Learning
- Cognitive Learning
- Verbal Learning
- Factors Facilitating Learning
- Learning Disabilities

PRACTICAL- A Project to be undertaken by the students on any topic of the syllabus

2nd WEEKLY

CHAPTER 7: Human Memory

- Introduction
- Nature of Memory
- Information Processing Approach : The Stage Model
- Memory Systems : Sensory, Short-term and Long-term Memories
- Levels of Processing
- Types of Long-term Memory
 - Declarative and Procedural; Episodic and Semantic
- Nature and Causes of Forgetting
 - Forgetting due to Trace Decay, Interference and Retrieval Failure
- Enhancing Memory
 - Mnemonics using Images and Organization

CHAPTER 8: Thinking

- Introduction
 - Nature of Thinking
 - Building Blocks of Thought
 - The Processes of Thinking
 - Problem Solving
 - Reasoning
 - Decision-making
 - Nature and Process of Creative Thinking
 - Nature of Creative Thinking
 - Process of Creative Thinking
 - Thought and Language
 - Development of Language and Language Use
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FINAL EXAM

CHAPTER 1:What is Psychology?

CHAPTER 2: Methods of Enquiry in Psychology

CHAPTER 4: Human Development

CHAPTER 5: Sensory, Attentional and Perceptual Processes

CHAPTER 6: Learning

CHAPTER 7: Human Memory

CHAPTER 8: Nature and Process of Creative Thinking

CHAPTER 9: Motivation and Emotion

- Introduction
- Nature of Motivation
- Types of Motives
 - Biological Motives
 - Psychosocial Motives
- Maslow's Hierarchy of Needs
- Nature of Emotions
- Expression of Emotions
 - Culture and Emotional Expression
 - Culture and Emotional Labeling

- Managing Negative Emotions
- Enhancing Positive Emotions

PRACTICAL- the students shall be required to conduct two experiments.

PRACTICAL EXAMINATION

Practical (experiments) file	05 marks
Project file	05 Marks
Viva voce (project and experiments)	05 Marks
One experiment (05 marks for conduction of experiment and 10 marks for reporting)	15 Marks
TOTAL	30 Marks